PLAN FOR RESEARCH DISSEMINATION, ADVOCACY AND UTILIZATION

[Name of School]

School Years 2025-2026 and 2026-2027

[Address]

I. INTRODUCTION

This plan carries the findings of the study "Substance Use, Knowledge of Laws, and Awareness of Help Among Barangay Youth" to the people who can act on them: the Barangay Anti-Drug Abuse Council, the Sangguniang Kabataan, the school, the rural health unit, and the youth themselves. It turns the study's recommendations into activities with a date, a budget, the people responsible, and a way to tell whether each worked.

II. HIGHLIGHTS OF RESEARCH FINDINGS

- 39.2% of youth aged 15 to 24 had used alcohol, cigarettes or vapes in the past 30 days; 31.8% had drunk alcohol and 8.3% had used a vape.
- Counting everyone, 60.6% had tried alcohol by age 18.
- 79.7% said a person below 18 can easily buy cigarettes in the barangay; no citation for selling to minors was issued from 2023 to 2025.
- Only 45.2% could name a place or person that gives help; 7.4% knew the DOH Quitline.
- Youth who attended a barangay or SK activity were more likely to know where to get help (odds ratio 2.66); no activity went with less use.
- The barangay's records and plans follow illegal drugs only, and its prevention activities fell to one in 2025.

III. GENERAL OBJECTIVES

The plan aims to bring the findings to those who decide the barangay's and the school's prevention work; to make help visible to young people; to move the barangay from one-time seminars to sessions that build skills; and to see that the laws on sales to minors are known and kept near the school.

 A sample with invented data, for teaching: nash.com.ph/blog/basic-research-sample-substance-use

IV. PRODUCTION

Dissemination/ Utilization Activities	Specific Objectives	Timeframe/ Target Date	Budget and its Source	Human Resources/ Persons Involved	Material Resources	Success Indicators
1. Submission of the paper and data set to the school's research committee for archiving	Keep the study available to future researchers	March 27, 2026	None	Researcher, adviser	Paper, executive data set	Paper and data set received by the research committee
2. Presentation to the BADAC	Present the records' findings and recommendations 1 and 3; propose adding tobacco, vapes and alcohol to the BADAC plan	April 2026 BADAC meeting	None	Researcher, adviser, BADAC members	Slides, printed summary	Recommendation adopted in the BADAC minutes; BADAC plan revised
3. Presentation at the Katipunan ng Kabataan assembly	Share the findings with youth; gather their proposals for SK activities	May 2026	PHP 1,500 (snacks), SK fund	Researcher, SK officials, KK members	Slides, printed summary	Number of youth attending; proposals recorded
4. Leaflet and poster: where young people can get help	Make help visible: services, hotlines, confidentiality	May to June 2026	PHP 2,500 (printing of 500 leaflets and 10 posters), SK fund	Researcher, SK, health center, BKB	Leaflets, posters	500 leaflets given out; posters at the barangay hall, health center, school and stores
5. Presentation to the school head, teachers and the Barkada Kontra Bisyo	Share the findings; agree on the school's actions on PDE lessons and the peer group	June 2026, when classes resume	None	Researcher, adviser, school head, teachers, BKB members	Slides, printed summary	Presentation made; school's action points recorded
6. Youth activity on the International Day Against Drug Abuse	Launch skills-based sessions with the SK; give out the leaflet	June 26, 2026	PHP 5,000, SK fund	SK, health center, BKB, researcher	Session plans, leaflets	Number of youth attending; series of sessions scheduled
7. Orientation of store owners near the school	Explain the laws on sales to minors and within 100 meters of a school	July 2026	PHP 1,500 (snacks), barangay fund	BADAC, barangay officials, researcher	Copies of the laws' key sections, signs	Stores oriented; signs posted
8. Presentation at the school's research forum	Share the study and its design with other learner researchers	August 2026	None	Researcher, adviser, research teacher	Slides, printed paper	Presentation made
9. Follow-up with the BADAC and the SK	Check which recommendations were acted on	September 2026	None	Researcher, adviser	Checklist of recommendations	Report on actions taken submitted to the school head

V. MONITORING & EVALUATION

The researcher and the adviser will keep a record of each activity: the date, those who attended, and what was decided, with the minutes of the BADAC and the SK where the activity was part of their meeting. In September 2026, they will check each recommendation against what the BADAC, the SK, the school and the health center did, and report to the school head which were acted on, which were not, and why. The success indicators in Part IV are the measures. A second survey of youth, a year later, would show whether knowing where to get help has spread.

VI. ATTACHMENTS

- The completed research paper
- The executive data set (Microsoft Excel)
- The leaflet on where young people can get help (draft)
- The slides used in the presentations

Prepared by:

[Name of the learner researcher]
Researcher, Grade 11

Approved by:

[Name of the school head]
School Head